

School Asthma Health Plan

Date completed: _____

Child's name:	
DOB:	Class:

Parent / Guardian's name(s) and contact number(s)

1st contact: Name	2nd contact: Name
Home:	Home:
Work:	Work:
Mobile:	Mobile:

Does your child tell you when s/he needs her / his inhaler?	Yes / No / Not Always
Does your child need help taking their inhaler?	Yes / No
Does your child need to take their inhaler before physical activity? If only required during a common cold, please circle "with colds only"	Yes / No / With Colds Only

Medication and Strength:	Doze	When to be taken	<input checked="" type="checkbox"/>
		Before / during / after activity (please circle)	
		Staff to observe and suggest	
		Request will be made by the parents when s/he need regular regime.	

My Child's asthma triggers: please circle your child's triggers

Cold air	Pollen	Exercise	Dust	Pet
Stress / Anxiety	Excitement	Cigarette Smoke	Damp / Mould	Night
Changes in weather	Other :			

Detail of relief treatment when needed:

Medication	Strength	Dose (How many puffs)

Expiry date of medication:

Sign by parent / guardian

(Please turn over leaf)

In an Emergency

An emergency is when any of the following happen:

- The reliever inhaler doesn't help
- Symptoms of cough, wheeze, breathlessness or tight chest get worse.
- The child is too breathless or exhausted to speak or is unusually quiet.
- The child's lips are blue

School's Action Plan

Continue to give the child 1 puff of reliever inhaler (blue) every minute for 4 minutes. (4 puffs)
After 5 – 10 minutes, the child should feel better & be able to return to normal activities.

If the reliever inhaler has no effect after 5-10 minutes, call 999 for an ambulance.
Continue to give the reliever inhaler 1 puff every minute until the ambulance arrives.
Inform the child's parents.

School Asthma Health Plan - Part 2

Use of School Emergency Salbutamol (Blue) inhaler

From 1st October 2014, the Human Medicines Regulations 2014 will allow schools to keep a "Salbutamol" inhaler for use in emergencies. This will be used for any pupil with asthma or who has been prescribed an inhaler as a reliever medication. This can only be used if the pupil's prescribed inhaler is not available.

As your child is on our Asthma Register, we ask that you also give your permission for the Emergency inhaler to be administered should the occasion arise.

In the event of my child displaying symptoms of Asthma and if their inhaler is not available or unusable, I consent for my child to receive the school "Salbutamol" Emergency inhaler.

Parent / Guardian's Name:		Date
Signature		