

Dates for your diary...	<p>Wednesday 22nd September: 15.00-17.00 Cross Country at Wythenshawe park</p> <p>Friday 24th September: Forest School Year 2 Group 1 begins (children in this group will receive a separate letter)</p> <p>Monday 27th September : Bike to School Week (more information to follow)</p> <p>Monday 27th September: Harvest Festival</p>
--------------------------------	--

School Update
The children have been working really hard this week and many children received certificates in assembly for challenging themselves in lessons which was great to see. It was lovely to see Forest School restarting again this week and I was lucky to be able to join the Year 4's on Tuesday for their Forest School session. The children really enjoyed themselves, made some brilliant shelters in the wooded area, and enjoyed learning how to get in a hammock! They worked really well as a group. We are hoping to increase the capacity of Forest School this year and next week a Year 2 group will begin their sessions.

Healthy Packed Lunches

We would like to work towards more children having a healthy packed lunch. We have noticed an increasing amount of less healthy items in packed lunches. In order that the children are well fed and can concentrate in the afternoons we would like to see if we can improve this. We have reintroduced the Healthy Packed lunch award and Lunchtime Superstars award (for children who have a school dinner) in our Friday celebration assembly to try and encourage this. We are very aware that it is difficult to make varied packed lunches everyday which include things your child will eat but we hope we can work together to improve this.

Here are some links, which may help. Thanks
<https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>
[Healthy Packed Lunches](#)



Harvest Collection

We will be celebrating our Harvest Festival on the week beginning Monday 27th September. We would like to do a harvest collection for the Fallowfield and Withington Foodbank again this year as our donations are always very well appreciated. We are grateful for the support the foodbank has given us over the last year with uniform grant donations, support with last year's Outward Bounds, hygiene packs for Y5 & 6 and the summer foodbank scheme. This year the foodbank would like us support collecting one specific item that is in great need and to avoid being over stocked in particular items. They would like St James to collect **UHT milk** but as always all donations are welcome. There will be a box in each class from Monday for children to put any donations in.



Friends of St James

Friends of St James started up the parent café again this morning and it was lovely to see some new parents joining. For the time being due to Covid 19 restrictions, the Café will take place outside in the KS1 playground weather permitting! Until we can provide kitchen facilities, again we ask that parents please bring their own refreshments.



Jeans for Genes

Thank you so much for your support with our Jeans for Genes day. The children are enjoying wearing their jeans, denim and own clothes and so far have raised £154 for the charity. Well done St James!



Support for Families

If anyone still needs financial support with uniforms, please contact email us using the link below and we will contact you to see if we are able to support you. We been kindly donated some Uniform Grant funding from Fallowfield and Withington Foodbank.
foodbank@st-james-rusholme.manchester.sch.uk

The Bread and Butter scheme is available for families who need more regular support with food shopping. This is a food scheme where the average family pays £7.50 for three bags of food shopping. This runs on Tuesdays at The Works in Moss Side. Please click for further information click the following link [Bread and Butter](#)

Bike to School Week

The week beginning Monday 27th September is Bike to School week. Bike to School week organisers state that "children who cycle to school arrive more relaxed, alert and ready to start the day. Fewer car journeys means less congestion, less air pollution and less parking issues around the school gate." We would like to take part in this initiative and encourage children who are able to do so to cycle to school. We are aware that not all children are able to cycle for many reasons so we would also encourage scooting or walking or even walking part of the way and parking a little bit further away than usual.

For more information and for a chance to win a Frog bike for your child please see the following link;
<https://www.sustrans.org.uk/media/9251/210712-btsw-parent-eflyer-v6-pdf-v2.pdf>